

Tweed Regional Gallery exhibition reminds us to slow down

Hiromi Tango's art is dedicated to healing conversations

Thursday, 5 December 2019

This summer Tweed Regional Gallery will showcase new work by Japanese-Australian artist Hiromi Tango, creating a very different experience for visitors.

The exhibition *Healing Circle - Home* is a reprieve from people's busy lives, with the Tweed Heads-based artist reminding us to slow down and focus on the now.

From Tango's new meditative circle drawings to neon light sculptures and photographic works that document her performative practice, each work connects deeply to the artist's health and wellbeing. The recurring motif of the circle is employed as a universal symbol of healing, representing the cycle of life, regeneration, relationships and a total state of completion.

"The Gallery is thrilled to be bringing these works to the Tweed community as Hiromi Tango is one of our most successful regional artists, exhibiting nationally and internationally, and is also a wonderful supporter of the Gallery," Gallery Director, Susi Muddiman OAM said.

To complement the exhibition, a program of activities and events will take place throughout the summer holiday period – the perfect opportunity for people to creatively detach from their busy lives.

Education and Audience Development Officer, Jodi Ferrari said: "Visitors can drop into 'Hiromi Hotel' for a free program of creative and meditative activities inspired by *Healing Circle - Home*. Explore mindfulness, meditation, slow art, yoga, dance and movement, music and circle drawing with our healing facilitators."

"Healing Wednesdays are an inclusive program, so we encourage all abilities in the local community to come along and join in," she said.

EXHIBITION

Healing Circle - Home is open Friday 6 December 2019 and continues until 15 March 2020.

SUMMER PUBLIC PROGRAM

Hiromi Hotel Healing Wednesdays

Drop in Wednesdays | 11am – 2pm DST throughout the NSW school holidays*

Adults and children welcome together.

Healing Wednesdays are an inclusive program – all abilities are encouraged to join.

Check the Gallery's website for the weekly program – <https://artgallery.tweed.nsw.gov.au> or call (02) 6670 2790.

*excluding public holidays

Image credit: *Hiromi Tango Bleached Genes (Mikan)* — *Open my vulnerability* 2018, pigment print on paper and mirrored Perspex, 174.5 x 124.5cm, ed of 3 +2 AP Image courtesy the artist and Sullivan+Strumpf

Contact: Art Gallery Director, Susi Muddiman (02) 6670 2792 or Communications Officer – Media, Fran Silk on (02) 6670 2575

2 Mistral Road (Corner of Tweed Valley Way) in Murwillumbah South. PO Box 816 Murwillumbah, NSW 2484
P: (02) 6670 2790 F: (02) 6670 2797 tweedart@tweed.nsw.gov.au artgallery.tweed.nsw.gov.au
The Gallery and Café is open from Wednesday to Sunday 10am – 5pm.